Daily Dose Devotional

30-Day Prayer Focus

One focus a day. Pray, read the verse, and check off the day. Start any day you like.

START DATE

DAY 1 ☐
Praise & Worship
Thank God for who He is.
Psalm 100:4

DAY 2 ☐
Repentance
Confess and seek His forgiveness.
1 John 1:9

DAY 3 ☐
Surrender
Give your plans and worries to God.
Romans 12:1

DAY 4 ☐
Spiritual Growth
Ask for deeper faith.
Colossians 2:6–7

DAY 5 ☐
Hunger for God's Word
Pray for a desire for Scripture.
Matthew 4:4

DAY 6 ☐
Faith & Trust
Pray for unwavering trust in Him.
Proverbs 3:5–6

DAY 7 ☐
Overcoming Fear & Anxiety
Hand Him every worry.
Philippians 4:6–7

DAY 8 ☐
Strength in Trials
Ask for endurance in hardship.
James 1:2–4

DAY 9 ☐
Healing & Restoration
Physical, emotional, and spiritual healing.
Jeremiah 30:17

DAY 10 ☐
Joy & Contentment
Find joy in Christ, not circumstances.
Nehemiah 8:10

DAY 11 ☐
Walking in the Spirit
Pray for the fruit of the Spirit.
Galatians 5:22–23

DAY 12 ☐
Peace in Uncertainty
Ask for His perfect peace in trials.
John 14:27

DAY 13 ☐
Family & Loved Ones
Cover your family in prayer.
Joshua 24:15

DAY 14 ☐
The Church & Leaders
Pastors, missionaries, and leaders.
Hebrews 13:17

DAY 15 ☐
Friends & Relationships
Strengthen friendships and connections.
Proverbs 17:17

DAY 16 ☐
The Lost & Unbelievers
Those who do not know Christ.
Luke 15:7

DAY 17 ☐
Healing for the Sick
Lift up those struggling with illness.
James 5:14–15

DAY 18 ☐
Provision for Those in Need
Ask God to provide for the struggling.
Matthew 6:31–33

DAY 19 ☐
Wisdom & Discernment
Seek God's wisdom in all decisions.
James 1:5

DAY 20 ☐
Walking in Obedience
Strength to follow God's commands.
John 14:15

DAY 21 ☐
Overcoming Temptation
Ask for strength to resist sin.
1 Corinthians 10:13

DAY 22 ☐
Boldness in Faith
Courage to share the gospel.
2 Timothy 1:7

DAY 23 ☐
Humility & Servanthood
Ask for a humble, serving heart.
Philippians 2:3–4

DAY 24 ☐
Loving Others Well
Love others as Christ loves.
John 13:34–35

DAY 25 ☐
Spiritual Warfare & Victory
Put on the armor of God.
Ephesians 6:10–11

DAY 26 ☐
Fully Trusting God's Plan
Surrender your future to Him.
Jeremiah 29:11

DAY 27 ☐
Protection & Safety
Over you and your loved ones.
Psalm 91:2

DAY 28 ☐
Renewed Mind & Thoughts
A mind aligned with Christ.
Romans 12:2

DAY 29 ☐
Gratitude
List your blessings and give thanks.
1 Thessalonians 5:16–18

DAY 30 ☐
Revival & a Fresh Fire
Renewed passion for God.
Psalm 85:6