

Daily Dose Devotional Weekly Prayer Table

| Day | Theme | Scripture | Prayer Focus | Check |
|-----|-------------|----------------------|--|--------------------------|
| 1 | Trust | Proverbs 3:5-6 | Surrender a specific worry; thank God for past guidance. | <input type="checkbox"/> |
| 2 | Healing | Psalms 147:3 | Pray for physical/emotional healing (self or others). | <input type="checkbox"/> |
| 3 | Forgiveness | Colossians 3:13 | Confess resentment; pray for grace to forgive. | <input type="checkbox"/> |
| 4 | Wisdom | James 1:5 | Ask God for clarity in a decision. | <input type="checkbox"/> |
| 5 | Gratitude | 1 Thessalonians 5:18 | List 10 blessings; thank God for His faithfulness. | <input type="checkbox"/> |
| 6 | Joy | Nehemiah 8:10 | Pray for joy in a challenging situation. | <input type="checkbox"/> |
| 7 | Rest | Matthew 11:28-30 | Reflect on areas of burnout; ask God for peace. | <input type="checkbox"/> |

Weekly Notes/Space for Reflections: